

Richmond & Kingston



ME Group

WhatsApp Group Rules

1. Be kind and courteous

We're all in this together to create a welcoming, non-judgemental and compassionate environment.

2. No hate speech or bullying

Degrading comments about race, religion, culture, sexual orientation, gender or identity will not be tolerated.

3. No fear based content

No anti-vax messages of any sort.

4. Respect everyone's privacy

Being part of this group requires mutual trust. What's shared in this group should stay in this group.

5. Group etiquette

No swearing or messages in full capitals. Please understand that all members of R&K ME Group have ME or a similar condition, or are carers for someone who has. Your messages may not be responded to immediately.

6 Let an Admin know

If you are upset by a post do not respond to it. Instead, please DM one of the group's Admins and let them know what the issue is and how you feel about it.