



Email Network Code of Conduct

*****PLEASE READ CAREFULLY*****

1 Consideration for others

R&K ME Group is a support group. We're all in this together to create a welcoming non-judgemental and compassionate environment. Be respectful to and considerate of other members; so no hate speech, bullying, swearing, or messages in capitals.

Any messaging causing offence to another member will be taken down if this is deemed appropriate.

If you are upset by another member's post, please do not reply.

Instead – e-mail your issue to:

zena.carter.01@gmail.com or randkmegroup@yahoo.co.uk.

2 Safeguarding

2a No medical advice. This group is not here to treat you, diagnose you, give you advice on medications, supplements, therapies or interpret test results. Vaccination is a personal medical decision, please do not post anti-vax comments of any sort.

2b Personal experience only, using "I" and "me" statements. (E.g. "this helps me", "I do this."). Share your symptoms and diagnoses, and what you do about them. But remember that we are all different. Don't advise others on what they should try or do. Remember that what works for you may not work for someone else. Avoid fear-based content as this has caused upset in the past.

2c Be careful in making claims. We may ask you to provide a source for general assertions and we may take down or correct any post where we feel the information posted may be dangerous to our members, is duplicated, has become heated or has too many rule breaks.

2d Guard member's privacy. This is a closed group. Do not forward emails from the group to non-members. If you would like to do this you must get the personal agreement of all parties involved

3 Sanctions

Moderators will review any posts reported and contact any parties involved. If the problem cannot be resolved, they may block posts from the member/s concerned for an initial period of 3 months.

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