

Richmond & Kingston



M.E. Group

Serving Richmond & Kingston Boroughs & the surrounding areas

USEFUL RESOURCES ON ME AND CFS FOR SCHOOLS

Government publications:

National Institute of Clinical Excellence (NICE) Guideline '*Chronic fatigue Syndrome/Myalgic Encephalomyelitis*' August 2007.

<http://guidance.nice.org.uk/CG53>

Department for Education '*Ensuring a good education for children who cannot attend school because of health needs: Statutory guidance for local authorities*' January 2013.

<http://www.education.gov.uk/aboutdfe/statutory/g00219676/health-needs-education>

American Institute of Medicine '*Beyond Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: Redefining an Illness*' February 2015

<http://iom.nationalacademies.org/Reports/2015/ME-CFS.aspx#sthash.ly3JarW0.dpuf>

Recent Biomedical Research

Dr. VanNess presents, '*A Realistic Approach to Exercise and Rehabilitation in ME/CFS*' at the Watershed in Bristol' February 2014. (Video)

<http://www.workwellfoundation.org/research-and-latest-news/>

Prof. Julia Newton, '*Metabolism and the muscles*' July 2014 (Webinar and Transcript)

<http://www.mereseearch.org.uk/news/newton-talks-muscle/>

Hornig M, Gottschalk G, Peterson DL, Knox KK, Schultz AF, Eddy ML, Che X, Lipkin '*Cytokine network analysis of cerebrospinal fluid in myalgic encephalomyelitis/chronic fatigue syndrome*' March 2015 (Abstract)

<http://www.mereseearch.org.uk/news/immune-markers-in-csf/>

[Michael Falk Hvidberg](#), [Louise Schouborg Brinth](#), [Anne V. Olesen](#), [Karin D. Petersen](#), and [Lars Ehlers](#) '*The Health-Related Quality of Life for Patients with Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS)*' July 2015 (Commentary and link to full paper)

<http://www.cortjohnson.org/blog/2015/08/05/chronic-fatigue-syndrome-worse-multiple-sclerosis-cancer/>

Tymes Trust

Tymes Trust (The Young ME Sufferers Trust) have a wealth of publications available for download from their website: <http://www.tymestrust.org/tymespublications.htm>

In particular note:

Jane Colby, *False Allegations of Child Abuse in Cases of Childhood Myalgic Encephalomyelitis (ME)*, Argument & Critique, July 2014
<http://www.argumentcritique.com/publications.html>

Jane Colby *A Good Practice Guide to Education for Children with ME for GPs, Schools and Families*. June 2014

Jane Colby *Professional Guides – 10 points on the Education of Children with ME* 2000

Elizabeth Dowsett and Jane Colby *Long Term Sickness Absence due to ME/CFS in UK Schools: An Epidemiological Study With Medical and Educational Implications* 1997.

Jane Colby Presentation: DfE Guidance on Sick Children
http://www.nisai.com/Articles/350386/Nisai/News/Jane_Colby_on.aspx

Videos

Voices from the Shadows Directed by Josh Briggs and Natalie Boulton. A one hour film bearing witness to the tragic consequences of psychiatric prejudice and medical ignorance for people with severe ME. DVD or Downloadable from
<http://mubi.com/films/voices-from-the-shadows>

ME North East with TalentStar *ME – All About Me*, 2010 a 21 minute video featuring teenagers with ME/CFS <http://vimeo.com/9779788>

Dr. Nigel Speight interview on child protection issues:
youtube.com/watch?v=XcRZo1vO53c